

## YEAR 7 – Puberty – Summer Term 2

1	2	3
<b>WHAT IS PUBERTY AND WHEN WILL IT HAPPEN?</b>	<b>PHYSICAL CHANGES (1)</b>	<b>PHYSICAL CHANGES (2)</b>
To know the correct terminology for their private body parts.	To know some physical changes they might experience at puberty.	To know what physical changes are specific to boys or girls.
To know the difference between private and public body parts.	To know some physical changes for boys and girls at puberty.	To know what periods, erections or wet dreams are.
To understand that everyone develops at different rates.	To understand why some of these changes happen.	To understand why these happen.
4	5	6
<b>EMOTIONAL CHANGES</b>	<b>COPING WITH PUBERTY</b>	<b>SHOW YOUR LEARNING TASK</b>
To identify and recognise different emotions they may feel.	To know that puberty is just one of many changes they will go through as they grow up.	To be able to identify some key information about puberty.
To understand that puberty may affect their emotions.	To understand how puberty can affect personal hygiene.	To demonstrate some understanding of the topic.
To understand how to manage their emotions during puberty.	To be able to identify strategies to help when going through changes at puberty.	To communicate effectively some top tips or facts about their topic.