

17<sup>th</sup> September 2025

Dear Parents/Carers

### **IDENTIFYING AND SUPPORTING YOUNG CARERS AT GLENWOOD SCHOOL**

At Glenwood School we are aware that some of our pupils are Young Carers. A Young Carer is someone under 18 who is caring for a member of your family like a parent, sister/brother or grandparent who is ill, frail, disabled or has mental health or addiction problems. They often take on practical and/or emotional caring responsibilities that would normally be expected of an adult. Research suggests there are approximately 1 million Young Carers in the UK but many do not realise they are a Young Carer.

We know that Young Carers may need a little extra support to enjoy and do well at school. At Glenwood we are committed to ensuring that all pupils who are Young Carers are identified and supported. We work in partnership with Off the Record who provide the Young Carers service; they offer a wide range of support including:

- Young Carers youth club
- Support in school and colleges
- School holiday trips and activities like cinema trips, farm visits and Christmas pantomime
- Arts and crafts sessions
- One-to-One time
- Fun and a chance to be a young person
- Parent support and coffee mornings

If you think your child might be a Young Carer, or could be affected by any of the issues we have highlighted, please let me know by emailing [Jorjina.stairs@glenwood.hants.sch.uk](mailto:Jorjina.stairs@glenwood.hants.sch.uk) or by calling 01243 373120 for a discussion about your child and their needs.

Please be assured that any information given will be treated sensitively.

Yours faithfully

*J. Stairs*

Miss Jorjina Stairs – Wellbeing Manager