

Working together our Wellbeing Practitioners and Youth Workers offer a safe and supportive environment with:

- Wellbeing focused workshops
- Activities and games
- Cooking
- Crafts
- 1:1s and signposting

**“This is one of the only
places I can be myself and
talk about how I’m
feeling”**

- Lighthouse Attendee, 2025

Support our charities:

- Fundraising via Facebook Donate and Just Giving
- Direct donations via our website and Just Giving
- Free donations via easyfundraising

Scan to visit our website:

